



E-School Nurse Video Clinics (By appointment only)



Twice weekly **online health support and advice for parents, carers and professionals who are supporting children and young people aged 5-19 years old.**

Tuesday and Thursday

You will be able to talk to the nurse over a live video link using [Attend Anywhere](#). The link is private, secure, confidential and convenient. In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the **E-School Nurse video clinic** Please read the information leaflet or visit:



www.cumbria.gov.uk/ph5to19

You can telephone for an appointment

01228 603973 Mon-Fri 8-4pm