



Cumbria's Holiday Activity and Food Programme

Book sessions in your area now!

- Visit cumbria.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit cumbria.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

Endorphins (Moorclose Community Centre)

Locality: Allerdale

Description: Fun filled festive activities for all abilities and a meal, with SEND provision

Times: 10am-2pm

Age range: 5-16

Dates: 21st, 22nd, 28th and 29th Dec

Booking information: <https://endorphins.uk/events-page/>

Sport Works (Cockermouth School)

Locality: Allerdale

Description: Inclusive Multisport Camp and a meal

Times: 10am-2pm

Age range: 5-16

Dates: 21st-23rd Dec & 3rd Jan

Booking information: Visit: www.bookwhen.com/sportworksnorthwest

Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 5 – 16).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit cumbria.gov.uk/holidays to book holiday activities now! Or use the booking information provided.

The North Lakes Foodbank (Remote Offer)

Locality: Allerdale & Copeland

Description: Food hampers and activity packs

Times: Contact North Lakes Foodbank

Age range: 5-18

Dates: Across the Christmas holidays

Booking information: Vouchers will be distributed via schools



Department
for Education

SEND Appropriate Activities

West House, Cockermouth (Face to Face)

Locality: Allerdale

Description: Christmas Party Sessions for SEN Children and a meal

Times: 9am-1pm & 1pm-5pm

Age range: 5-16

Dates: 17th Dec

Booking information: Email mark.swanston@westhouse.org.uk

West House (Remote)

Locality: Allerdale

Description: Christmas Food Hampers for SEN Children

Times: Contact West House

Age range: 5-16

Dates: Collection from 19th—21st Dec

Booking information: Email mark.swanston@westhouse.org.uk

Cowran Farms (Pennington, Ulverston)

Locality: Barrow & South Lakes

Description: Outdoor fun with animals and a meal

Times: 10am-2pm

Age range: 8-16

Dates: 21st-23rd Dec

Booking information:
Email education@cowranestate.com

Youthability (Walney Community Centre)

Locality: Barrow-in-Furness

Description: Christmas pantomime, activities and lunch for young people with SEN

Times: 10am-2pm

Age range: 8-16

Dates: 19th & 20th Dec

Booking information: lesmcleese@youthabilityservices.org

Carlisle Community Help (Remote Offer)

Locality: Carlisle

Description: Food hampers and activity packs

Age range: 5-16

Dates: 20th Dec—4th Jan

Booking information: Search Facebook: Carlisle Community Help or call 07394 546877

Carlisle MENCAP (Holme Head House)

Locality: Carlisle

Description: Making a Christmas meal, river walk and festive crafts

Times: 10am-3pm

Age range: 8-18

Dates: 22nd Dec

Booking information: Email: children@carlisle Mencap.co.uk

Carlisle MENCAP

Locality: Carlisle

Description: Trip to Theatre by the Lake and a meal

Times: 10am-3pm

Age range: 8-18

Dates: 28th Dec

Booking information: Email: children@carlisle Mencap.co.uk

Endorphins (James Rennie School)

Locality: Carlisle

Description: Fun filled festive activities for all abilities and a meal, with SEND provision

Times: 10am-2pm

Age range: 5-16

Dates: 21st, 22nd, 28th & 29th Dec

Booking information: Visit: www.endorphins.uk/events-page

Sport Works (Trinity School Sports Hall)

Locality: Carlisle

Description: Inclusive Multisport Camp and a meal

Times: 10am-2pm

Age range: 5-16

Dates: 21st-23rd Dec & 3rd Jan

Booking information: Visit: www.bookwhen.com/sportworksnorthwest

Endorphins (Whitehaven Youth Harbour Project)

Locality: Copeland

Description: Fun filled festive activities for all abilities and a meal, with SEND provision

Times: 10am-2pm

Age range: 5-16

Dates: 21st, 22nd, 28th & 29th Dec

Booking information: Visit: www.endorphins.uk/events-page

Annie Mawson's Sunbeams Music Trust (Penrith)

Locality: Eden

Description: Music and sensory sessions and a meal for SEN children

Times: 11am-3pm

Age range: 5-21

Dates: 17th, 21st & 22nd Dec

Booking information: Call Liesl 01768 892909 or email liesl@sunbeamsmusic.org

Oaklea Trust (The Appleby Hub)

Locality: Eden

Description: Crafts, cooking, play and a meal for SEN children

Times: 10am-2pm

Age range: 5-15

Dates: 21st, 22nd, 28th & 29th Dec

Booking information: Email jane.farkins@right2work.org.uk

The Salvation Army (Remote Offer)

Locality: Eden

Description: Food hampers and activity packs

Times: N/A

Age range: 5-16

Dates: Throughout the Christmas holidays

Booking information: Call 01768 866732 or Email carole.donaldson@salvationarmy.org.uk

Endorphins (St Martin and Marys Church, Windermere)

Locality: South Lakes

Description: Fun filled festive activities for all abilities and a meal, with SEND provision

Times: 10am-2pm

Age range: 5-16

Dates: 21st, 22nd, 28th & 29th Dec

Booking information: Visit: www.endorphins.uk/events-page

The Oaklea Trust, Kendal (Lads and Girls Club)

Locality: South Lakes

Description: Christmas creations, sport and a meal

Times: 10am-2pm

Age range: 5-16

Dates: 21st Dec

Booking information: Email: enquiries@oakleatrust.co.uk

South Workington Youth Partnership (Remote)

Locality: Allerdale

Description: Christmas themed activities and party at Moorclose Community Centre

Times: N/A

Age range: 5-18

Dates: W/C 19th Dec

Booking information: Call 07713864850 or email swyp@hotmail.co.uk

South Workington Youth Partnership (Face to Face)

Locality: Allerdale

Description: Christmas themed activities and party

Times: 10am-4pm (19th), 10am-8pm (20th & 21st)
10am-7pm (22nd)

Age range: 7-16

Dates: 19th-22nd Dec

Booking information: Call 07713 864850 or email swyp@hotmail.co.uk

